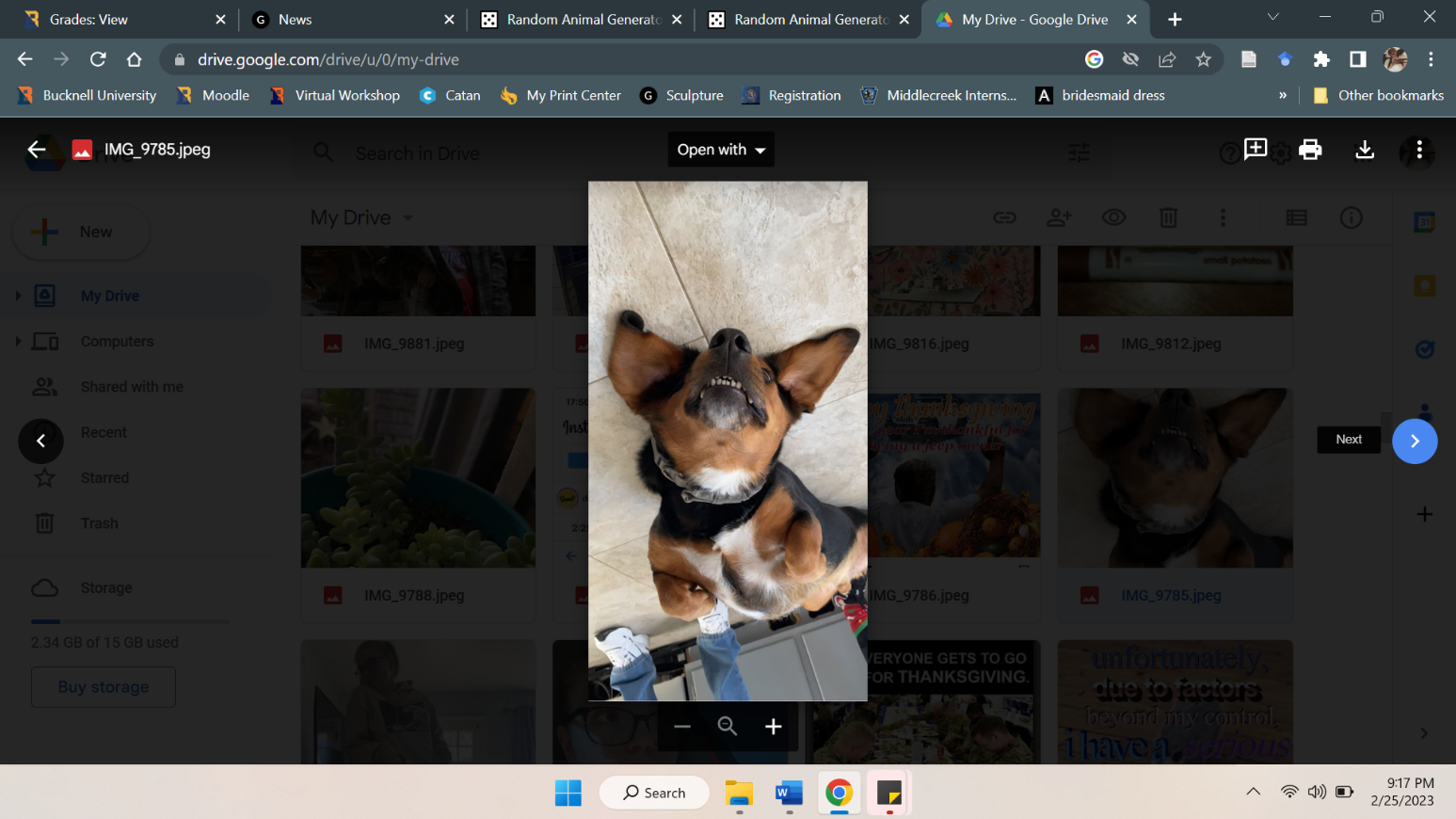
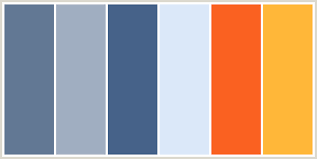
I think I profoundly want peace and continued contentment.

As someone who struggles with anxiety and depression, I am in a state of being content right now. I feel that I am in a safe place in regards to my relationship and friendships. The obstacle would be change. The future waits for no one. As things change, I fear the peace not lasting and losing myself again. I think that through the talisman I would want to include a menagerie of the good things I have now as I want to hold onto them. I also have had the thought of running away from the darkness and this black void of depression and panic attacks. I think there is a contrast between the dark and the light. When I picture the things that I love I see blues, yellows, oranges, flowers, animals, globs of paint, and I would like to incorporate things to represent my friends, boyfriend, and family. I think playing with color would really add to the contrasting emotions I want to express.



A picture containing graphical user interface

Description automatically generatedPeace and light in the present avoiding the dark future.

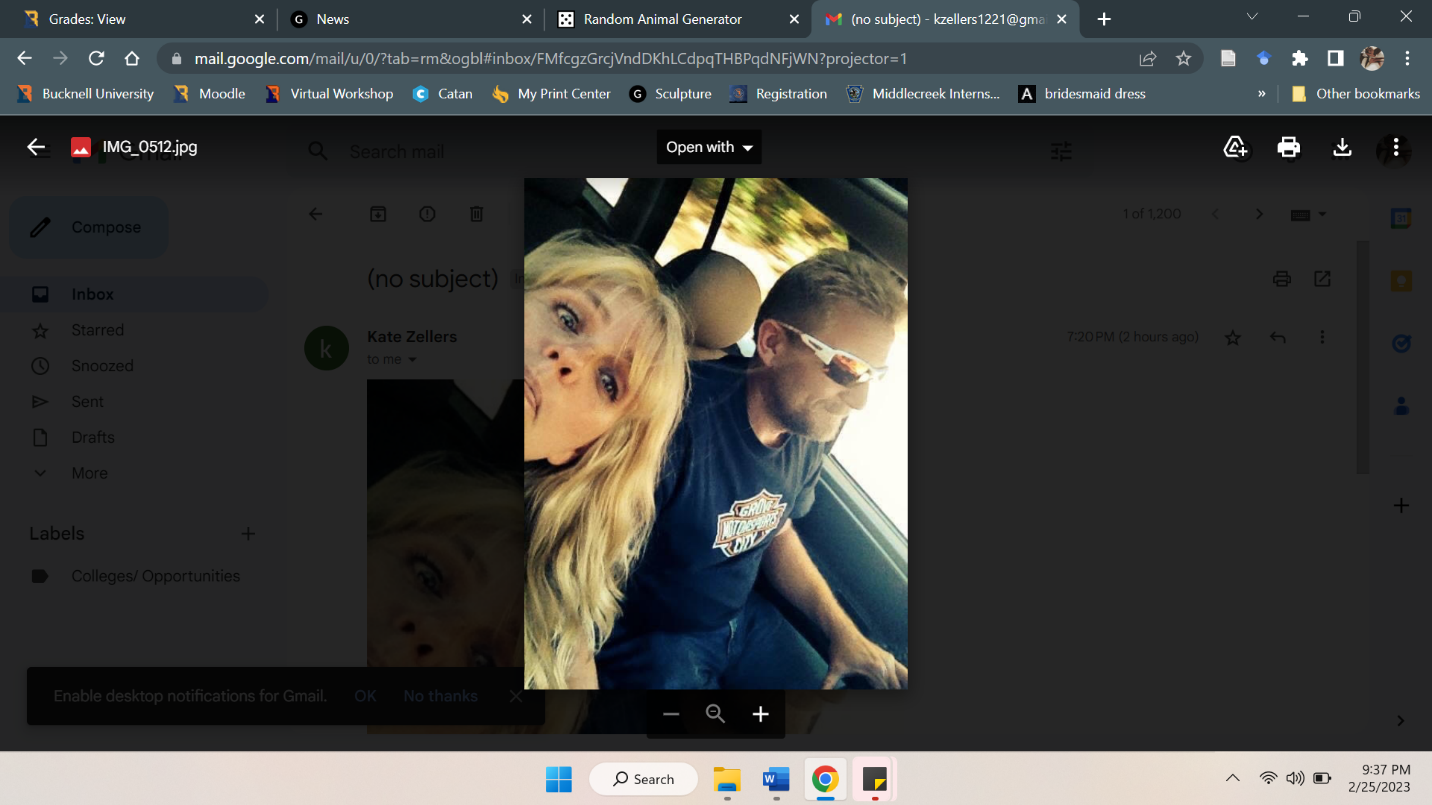
Graphical user interface, website

Description automatically generatedA white bird flying

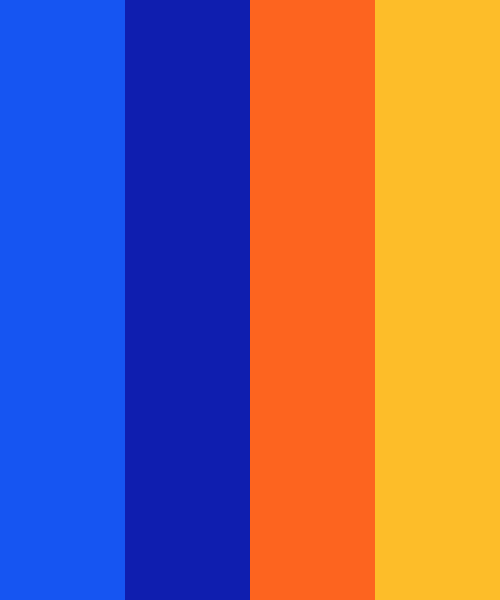
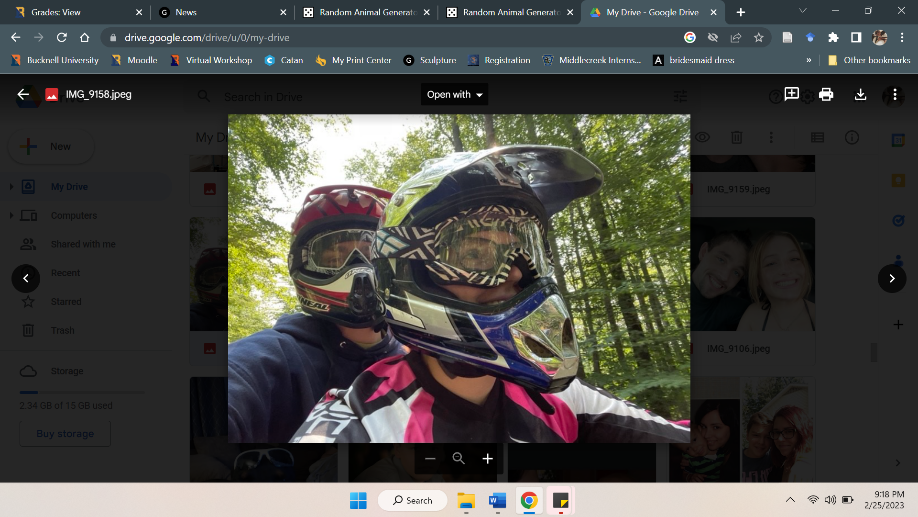
Description automatically generated with low confidenceA group of colorful flowers

Description automatically generated with medium confidenceA person running on a road

Description automatically generatedGraphical user interface, application

Description automatically generatedA picture containing nature, outdoor object, night sky

Description automatically generatedA group of yellow flowers

Description automatically generatedA close up of a blue rose

Description automatically generated with medium confidenceA group of colorful flowers

Description automatically generated with medium confidence